

enj no snoisseiqxe bsa edj vd beidbott ms I

THREE THINGS THAT CAN CHANGE YOUR LIFE

and gndotwlo sunil to doul Thes. 5:16-18

I. Rejoice Evermore, avsyl6 bns .2001 neq-hseb s dtiw
A Joyful Disposition can change your life. mldorg oH"

A. If you control your thoughts you can be continually
fair to selfqosib ent ysw enjoyful. a'tsnt jnd

1. Marcus Aurelius, one of the great Roman emperors, ni
said "Life is what our thoughts make it." sib riedT

2. If you want to change your thoughts, yjilids ent
Receive Christ into your mind, animserioa seibegsxt
and get rid of all your old dead, tired, listless
thoughts.

3. You can do terrible damage by thinking sick thoughts.

4. Story of "Miss Lou" in Edwards, Mississippi, and NT
"The Sweetest Spot on Highway 88" -- in you ym tsnt

all possible because she learned to think creatively.)

5. A man's mind can be completely controlled - not snt
ill. of the Nazi Commandant of the concentration camp
at Auschwitz.

Col. 2:6-7, Weymouth Trans:

Let Christ be in complete control of your life.

2. ~~Rejoice with the Church~~

B. The church suffers today from a maddening lack of
simple, overflowing Christian joy.

We have plenty of knowledge but not enough joy.
We seem to meet on the Lord's Day more as though
we had assembled to mourn a defeat
than to celebrate a victory.

Jesus invites us to a feast, not a funeral.
His greeting was "be of good cheer."
But today the one who yells like a Comanche Indian
at the football game on Saturday
sits like a wooden Indian in the House of God on Sunday.

C. John 20:20 gives us the secret of Christian Joy:
"Then were the disciples glad, when they saw the Lord."

1. Not "when they saw themselves."
2. Not "when they saw each other"
3. Not "when they saw their circumstances"
4. But "when they saw the Risen Lord."

Jn. 16:22: "I will see you again, and your heart shall
rejoice, and your joy no man takes from you."

I am troubled by the sad expressions on the faces of some Christians. It reminds me too much of Linus clutching his security blanket, with a dead-pan look, and saying, "No problem is so big or so complicated that it can't be run away from." ^{10:11} But that's not the way the disciples of Christ in the New Testament reacted. Their distinguishing mark was their joy—the ability to take the world with all its tragedies screaming at them—and to say, that this is a world that can be coped with and can be faced victoriously.

Jesus had said to them, "These things have I spoken to you, to let you know that my joy might be in you, and that your joy may be full." This joy of Christ was a reality in their lives. They really felt down in their bones that nothing could separate them from God's love and care. After the resurrection they had the assurance that Christ was in every event and circumstance working to save, to heal, to forgive, to reconcile, and to restore. And if we today can believe this, then we can rejoice in the Lord always.

• yet maktairi gaiwolfrero aigmia
• yet anyone for juc egbeiwon lo yineiq even e
magnet as mola Day's brol erit no jeem of mola ew
feebah a minom of heidmeesa bad ew
• aifofay a eravdeles of nadj
• latnay a ten, daset a of an eetivui aueel
"zeeds boog to ed" aew gaiwesey ahi
naibol edemam a exil ailey edw eno erit yahot jut
yahutor ne emay llandfoot erit ja
yabu ne bed to seow erit ni naibol aebbow a exil aie

• yet maktairi te jeres a ed en eevig 05:05 erit.
"bed erit was yedt nedw, hala aeqibasik erit even nedw"
"eavleasemt was yedt nedw" 10:1
"zedfo done was yedt nedw" 10:2
"eavleasemt erit was yedt nedw" 10:3
"bed nedw erit was yedt nedw" 10:4
"bed nedw erit was yedt nedw" 10:5
"yoy mott eesit nes on yot mott bus eeclofes

II. PRAY WITHOUT CEASING (or CONSTANTLY)
A PRAYERFUL SPIRIT CAN CHANGE YOUR LIFE.

- A. What Prayer is: Response to God's initiative.
- B. Once you have said, "God, you" and not "God, help you" you have begun to pray.
- C. Two simple rules to follow at the beginning:
 1. Be yourself. Be natural and honest before God.
 2. Begin where you are
- D. The first three prayers,
 1. "O God, help me"
 2. "O God, forgive me"
 3. "O God, thank you"
- E. ~~Two~~ Different kinds of prayers
 1. Prayers that you say
 2. Prayers that you think (meditation)
 3. Prayers that you feel
 4. Prayers that you will
- F. Practice the presence of God.
- G. Prayer will Banish Worry & leave only Poise & Confidence.
 1. A famous psychologist has called fear & worry the most devastating diseases known to mankind.
 2. The word worry comes from the Anglo Saxon word meaning "to choke". - that is what it does.
 3. The Christian opposite to worry is faith.
 4. Isaiah said "Thou wilt keep him in perfect peace, whose mind is stayed on thee."
 5. Don't run away from fear; stand & face it.
 - a. The Hereford cows on the great plains -
They stand facing into the storm,
while other breeds turn their backs to the icy wind
and slowly drift downwind & pile up & die.
 - b. "Be bold, and mighty powers will come to your aid."
 - c. Story of very small quarterback on a football team.
(law of physics that momentum equals
weight times velocity;
so he hurled himself "like a panicky bullet"
at the huge oncoming fullback & stopped him cold.)
 6. Why worry when you can pray?
- H. Airline stewardess on flight out of Chicago;
spoke to a clergyman about which of two men to marry;
said, "I never thought of praying about a thing like this

Paul said, "Pray constantly." At first we may feel that this is impossible. Who has time for continual devotions & prayer? We have to work for a living. We have to train, teach, learn, produce. Yet Paul was a working man, a tent maker. And he was talking to people who were working people. He understood life's demands on our time. What he was really trying to do was to get us to establish priorities and attitudes. We are to seek the things that are above and to concentrate on the things that are truly worthy.

Much of our energy is devoted not to things that are really good but to things that make us FEEL good. Feeling is not the answer. Living is the answer. If you value the best and love the highest your whole LIFE becomes a prayer.

III. IN EVERYTHING GIVE THANKS.

A THANKFUL ATTITUDE CAN CHANGE YOUR LIFE.

A. Count your blessings

B. Accept your adversities

William Law said in the 18th century:

"If anyone would tell you the shortest, surest way to all happiness and all perfection, he must tell you to make a rule to yourself to thank and praise God for everything that happens to you. For it is certain that whatever seeming calamity happens to you, if you thank and praise God for it, you turn it into a blessing."

"In everything? In sorrow, pain, and loss?

When some hard lesson racks the weary mind?

When, just before, there looms the threat'ning cross?

When nights are long, and morn brings day unkind?

In everything! Each sorrow and each pain

Is known by One who measures every day;

Lessons hard, well mastered, will make plain

The faithful Teacher planning all the way.

Dost know the cross must come before the crown?

And seed unburied must abide alone?

Dost know the cloud that spreads its sullen frown

Harms not the sun, whose power must be shown?

Then waiting not for that which shall make clear

The tender love in what seems harsh and stern,

O Soul redeemed, look up! Dismiss thy fear!

Now is the time when thanks thou shouldst return!"

PRAYER AFTER THE SERMON: Our Heavenly Father,

you know the conflicts, the anxieties, the questionings that are in our minds. You know us better than we know ourselves. We need our lives changed in so many ways. In your word you have told us some simple things to do that can change our confused, selfish lives, so that they can be more like the Master's Life.

We love you. We long to draw near to You. Enter our lives, we pray, and use us and fill us with the spirit that brings victory, peace and power. Through Jesus Christ our Lord.

Amen.

When we live the life of prayer,
then we learn to count our blessings,
and to find in the experience of life something good
even when the outward appearance is distressing.
Sometimes we find that we have been blessed
in ways that we knew not.

Suddenly we are ready to give thanks, and prayer becomes a happy outpouring of the heart in gratitude, appreciation, and thanksgiving.

Lesol bas qiseq, wotice ni S'gandivare ni
Ibaim vream edt alorek noosek biraq emos merik
Ibawo goin'tsardt edt emoci emek, etofed fent, merik
Ibawo: yah egwird aron bas qamol era etap ni merik

King does his worries now. I hardly have a
real view because our only worry is
what's ahead. If we're forced to go
back to the original position, I think it would be

inwore est exicta emoc tum uscrt est wort
fencis shids tum beltrdu bees bac
mwoft mllia est absrcts tadt buole est wort
inwore ed tum rwoft uscrt , nra est son exicta

teele ehem Marie doidy fadz tot ton gaistisw nedt
etreda bus derzdi amesa fadz ni evel rebedt est
! fadz ydt seidseid !qu noel , lemeebet luce o
"lumfer tablione wodt edgadt nedw emit est et wou

WAC Chapel, Ft. Meade, May 26, 1918
WAC Chapel, Ft. Meade, May 26, 1918